



Helping People Fight Cancer

Kevin Cain Memorial Foundation
P.O. Box 536
Havertown, PA 19083

THE KEVIN CAIN 5K MAKE MY DAY

Helping People Fight Cancer

5K RUN & 1 Mile WALK

Annunciation B.V.M. • 401 Brookline Blvd. • Havertown, PA 19083

www.kevincain.org



Sunday, April 14th, 2024 marks the 19th annual Kevin Cain "Make My Day" 5K Run and 1 Mile walk. This family-friendly race through the streets of Havertown, has become one of the most popular 5K races in Delaware County.

The Kevin Cain Memorial Foundation (KCMF) is a 501(c) (3) organization whose mission is to provide assistance to families coping with the financial burden of fighting cancer. The KCMF was founded in 2006 in memory of Kevin Cain, who lost his courageous battle with cancer in June 2005. Kevin was someone who made a difference in the lives of others by coaching youth sports and volunteering his time for worthy causes. Kevin's legacy of helping others continues through the work of the Kevin Cain Memorial Foundation.

A cancer diagnosis often means missed days from work, frequent doctor visits, insurance co-pays, and expensive medications. Despite seemingly adequate health insurance coverage, the financial toll of having cancer can be devastating to a family.

Since its inception, the Kevin Cain Memorial Foundation has helped thousands of families in and around our community, offering compassion, respect, and ultimately...**HOPE.**

We hope you will be one of the many runners, walkers or spectators who take part in this year's event and thereby take part in our mission to help people in their fight against cancer.

SPONSORSHIP LEVELS

Event Sponsor: \$5,000

- Organization name on all printed materials
- 8' x 4' Individual Race Day Banner
- Logo prominently displayed on 1,500 race t-shirts, brochures, and posters
- Race entrance fee waived for up to 20 participants

Platinum: \$2,500

- 6' x 3' Individual Race Day Banner
- Logo prominently displayed on 1,500 race t-shirts
- Race entrance fee waived for up to 10 participants

Gold: \$1,000

- Organization name on Gold Level Banner
- Logo prominently displayed on 1,500 race t-shirts
- Race entrance fee waived for up to 5 participants

Silver: \$500

- Small Logo displayed on 1,500 race t-shirts
- Race entrance fee waived for up to 3 participants

Bronze: \$250

- Company or Organization Name listed on 1,500 race t-shirts.

Sponsor commitment needed by April 1, 2024 to be listed on race t-shirt.

We would like to take this opportunity to thank you in advance for considering our request. Your generous support this year is extremely helpful and very much appreciated. If you have any questions or need additional information, please do not hesitate to contact me.

Sincerely,

Rose Cain

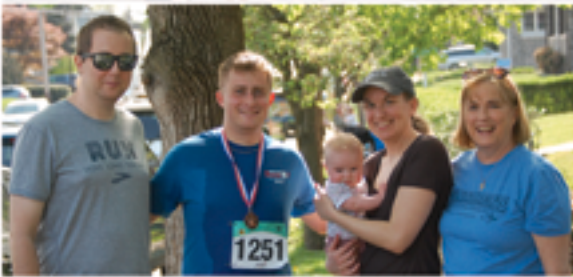


For more information:

Email: kcmf.mmd5k@gmail.com

Web: www.kevincain.org • Find us on Facebook

A Special THANKS to our loyal sponsors who generously support the KCMF year in and year out



RACE INFO

Date: Sunday, April 14, 2024 *Rain or Shine*

Location: Annunciation Parish Hall
401 Brookline Boulevard
Havertown, Pennsylvania

Distance: 5K Run and 1 Mile Walk

All participants registered by March 27th will receive a free t-shirt. Participants registering after March 27th and on the day of the race will receive a t-shirt while supplies last.

Schedule of Events:

Saturday April 13th: 2:00PM - 5:00PM
Pre-Race Registration and race packet pick-up
JD McGillicuddy's, Brookline Boulevard, Havertown, PA

Sunday April 14th:
1:30 PM - *Registration and race packet pick-up,*
Annunciation Parish Hall
2:45 PM - *Warm-up Stretch*
3:00 PM - *Runners Start*
3:01 PM - *Walkers Start*
4:00 PM - *Awards Ceremony*
• Overall Male & Female
• Age Groups - 10 & under, 11-13, 14-19,
20-29, 30-39, 40-49, 50-59, 60 & over

Post Race Party following the Race
at Annunciation Parish Hall



Thank You!

2023 Event Sponsors:



Ways To Help The Foundation Year Round

While our annual race serves as our biggest fundraiser, the Kevin Cain Memorial Foundation works hard all year long providing support to families in need. You too can help the KCMF year round

- **Visit our website:**
www.kevincain.org click on donate.
- **Check with your Company's Human Resources** for Corporate Matching.
- **Donate in memory:**
Remember a loved one or express sympathy to a family by donating.
- **Honor someone special:**
Whether it's the Holidays, or just enjoying "the gift of giving", consider the Kevin Cain Foundation.

The Kevin Cain Memorial Foundation is a non-for-profit 501(c)(3) organization. ID #20-4483090



REGISTRATION

OnLine: www.runtheday.com (**Teams Welcome**)

Mail In: Please Complete this Registration Form and mail to
Kevin Cain Memorial Foundation
P.O. Box 536, Havertown, PA 19083

Checks payable to: Kevin Cain Memorial Foundation
Venmo: @kevin-cain-memorial-foundation

A Form needs to be completed for EACH runner & walker.
To download additional registration forms visit our website.

www.kevincain.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Age on Race Day: _____ Male Female

Entry Type (pick one): Runner Walker

T-Shirt Size: S M L XL XXL XXXL

Youth Size: S M L XL

Waiver: *In consideration of being permitted in this event, I hereby for myself, my heirs and personal representatives assume any and all risks which might be associated with this event, and I further waive, release, discharge and covenant not to sue sponsors, officials, contributors, organizers, volunteers and beneficiaries or their successors and assigns for any and all injuries and damages of any kind whatsoever suffered by me as a result of taking part in the event and related activities. I also give permission for free use of my name and picture in any broadcast, telecast or other account of the event.*

Signature _____ Date _____

Parent or co-signature if under 18 _____ Date _____

One signature per application. Photocopies are acceptable.

Fees: \$25 Pre-registration
\$30 Registration day of race
\$10 Kids 13 and under
\$15 Kids Registration day of race

I am unable to participate,
but please accept my donation of \$ _____

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